



OLDER DRIVERS

Driving is an important activity for older people. Being able to drive helps to maintain personal freedom, health, quality of life and independence.

The Roads and Maritime Services (RMS) have the responsibility to ensure that all older drivers are fit and competent to drive. Most of the time the older person's doctor can advise the RMS about their fitness to drive; however, sometimes a specially trained Driver Assessor Occupational Therapist is asked to conduct an assessment.

Assessing safety to drive looks at medical fitness, functional ability and licensing. Medical Fitness is the responsibility of Medical Practitioners, who may request information to supplement their own clinical assessment. Functional ability is the responsibility of the Driver Assessor Occupational Therapist and includes cognitive function, physical strength and skills, reaction time, insight level and ability to self-monitor driving. Rules apply for older drivers - when you reach 75 years of age, an annual medical examination is required.

When you reach 85 years of age, a practical driving assessment is required for drivers wishing to remain on an unrestricted licence. Overs 85s can opt at this stage for a restricted licence.

If you would like to participate in a driver screening assessment, please contact us.



Driving Assessment & Rehabilitation Service

"Promoting road safety & maintaining independence"



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